



ATMA RAM SANATAN DHARMA COLLEGE (UNIVERSITY OF DELHI)

SHIKHAR: Mountaineering Club

During the academic session 2025–26, Shikhar: The Mountaineering Club of Atma Ram Sanatan Dharma College actively organized a series of programmes aimed at promoting adventure, skill development, and environmental awareness among students. The year commenced with an Orientation Session held on 30 August 2025, which witnessed the participation of nearly 70 students from diverse courses. The programme began with an inspiring address encouraging students to embrace mountaineering and an active lifestyle. The office bearers and department heads introduced the structure and functioning of the society, followed by an interactive quiz and a presentation highlighting Shikhar's previous treks and activities. The orientation successfully introduced new members to the club's vision and encouraged enthusiastic participation for the year ahead.

Continuing its focus on skill development, Shikhar organized a Wall Climbing Session at the Indian Mountaineering Foundation, New Delhi, on 8 October 2025, with 29 participants. The participants engaged in guided climbing exercises under professional supervision, learning essential climbing techniques, balance, and movement coordination. Members also explored the IMF Museum, gaining insights into India's mountaineering legacy and achievements, making the session both educational and experiential.

The society also actively participated in AKSA, the annual Diwali Mela of the college, on 16 October 2025, with 20 participants. It set up a stall featuring fun games and activities, with members volunteering collectively to engage participants from across the college and contribute to the festive spirit of the event.

Further strengthening technical exposure, Shikhar organized a Bouldering Session on 29 January 2026 at Boulder Box, Vasant Vihar, with 18 participants. During the session, participants attempted routes of varying difficulty levels, focusing on strength, coordination, and problem-solving skills. The activity created a supportive learning environment for both beginners and experienced climbers, while also enhancing team bonding and confidence among members.

Expanding learning beyond indoor training, the society organized a Nature Walk at Sanjay Van on 26 February 2026, with 30 participants. The event combined environmental exploration with practical outdoor training, where members participated in activities, games, equipment demonstrations, and a tent-pitching exercise, gaining hands-on exposure to trekking essentials and outdoor practices. The walk encouraged an appreciation of nature while reinforcing practical mountaineering skills.

Throughout the year, Shikhar remained committed to cultivating a spirit of adventure and environmental consciousness among students. The society's activities enhanced physical

endurance, technical skills, collaboration, and leadership among its members. With a successful year of learning and exploration behind it, Shikhar looks forward to expanding its activities and inspiring more students to embrace adventure and the mountains in the coming session.